



"Let Your Light Shine"

St. Augustine School

5520-45 Avenue Crescent, Ponoka, AB T4J 1N6
Phone: (403) 704-1155 Fax: (403) 704-1195
<https://staug.staratholic.ab.ca/>

Students and Parents,

We have been given permission by the STAR Catholic School Division to offer volleyball to the Sr. High students from St. Augustine School. With everything influenced by COVID guidelines and restrictions, volleyball will look much different this year. The entire Return To Sport and Athletics Guidelines document will be posted on the STAR division websites in the next few days. Until then, here are the "must knows" to help get the St. Augustine School program started as soon as possible.

1. Volleyball will only be offered to Sr. High Students. Those interested in playing must complete the permission form via the School Cash online. Forms must be completed no later than November 3rd.
2. Sr. Boys practices will take place on Tuesdays and Thursdays, starting on November 5th, with the last practice taking place on November 26th. Practices will be from 3:15 to 4:45.
3. Sr. Girls practices will take place on Mondays and Wednesdays, starting on November 4th, with the last practice taking place on November 25th. Practices will be from 3:15 to 4:45.
4. Volleyball teams will be coached by St. Augustine School staff.
5. There will not be any games against other schools at this time.
6. Only the players are allowed in the gym during practice. Other family members are not allowed to wait in the school during or after practices.
7. Participants are limited to one athletic or social cohort, including in-school and out-of-school activities. An example of this would be, if your child is currently participating on a community sport team, they would not be eligible to participate on the school volleyball team.
8. There is no fee to participate in volleyball this season.

The permission form outlines many guidelines and expectations. Please read it carefully before signing it. Coaches will outline all COVID routines with the players at the first practices session. If you are interested in having your child participate, go to School Cash online and submit the permission form by November 2nd, and we will see you at your first practice session.

Thanks,

L. Gratton