"Let Your Light Shine"



## St. Augustine School

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Thursday, February 18, 2021

Dear St. Augustine Families,

We have begun our journey through Lent in preparation for Easter. Lent prepares our hearts, minds and bodies for the death and resurrection of Jesus. It is a 'spring cleaning' of our lives and calls us to renew our faith. During Lent, we practice three things: enhanced prayer, fasting, and almsgiving. The Kindergarten to Grade 12 students will be involved in several activities focusing on prayer and giving alms.

As part of our almsgiving, we have chosen to support St. Zita, an organization part of Catholic Social Services in central Alberta, housed in Red Deer. St. Zita has supported many of our students and their families. St. Zita's Morning Star program includes a drop-in centre and outreach assistance for vulnerable women experiencing homelessness, domestic violence, exploitation and other issues. The program provides access to basic necessities such as food, hygiene products, laundry and a shower facility. St Zita's Calls for Assistance referral program provides addiction support, shelters, help with family violence, and food. More information about Catholic Social Services and St. Zita can be accessed here: <a href="https://www.cssalberta.ca/">https://www.cssalberta.ca/</a>.

To support St. Zita and their programs, all grades will be collecting funds. As always, donations are optional. The money collected will be visually tracked on a bulletin board display. The classes will 'buy' items for their paper child which represents the basic needs of people. The money can be sent with your child and will be collected by their teacher. At the end of the Lenten season, the school will forward all the money raised to St. Zita.

Daily prayer will continue with a focus on Lent. Students will experience Lent through a variety of extensions and activities including Pretzel Days and classroom enrichments. There will be a Stations of the Cross celebration for each class at our Parish and a virtual Easter Mass. Please watch the newsletters and website for updates on the times and links for these celebrations.

We encourage you to help your child come to a better understanding of this special time through prayer, fasting and giving of alms in your own home.

Thank you for the continued support in your child's spiritual growth.

Sincerely, Kari Davidson

Acting Principal: Kari Davidson Vice Principal: Luc Gratton